Welcome

The Wellington Hospital’s Acute Neurological Rehabilitation Unit is the largest private unit in the UK, with 60 rooms specifically designed for neurological rehabilitation patients.

Since 1999 we have provided interdisciplinary inpatient rehabilitation programmes for patients with acquired injury to the brain, spinal cord and other neurological and complex medical conditions.

Our service aims to help patients achieve optimal recovery and wellbeing through our tailor-made and individualised rehabilitation programmes, where the patient and their families are at the very centre of each stage of their journey with us.

Leaders in acute neurological rehabilitation
The Acute Neurological Rehabilitation Unit

As a leader in the field of adult neurological rehabilitation, our vision is to continue developing our outstanding evidence-based and patient-centred care, to keep building upon our international reputation, contributing to research and demonstrating positive clinical outcomes, to become a centre of excellence.

We promise to:

- Place the patient and their family at the centre of our programmes
- Deliver a high standard of clinical care, based on current evidence
- Ensure that we are looking after every aspect of our patients’ wellbeing
- Achieve the goals set on admission and coordinate a safe and timely discharge

Educate and support the patient and their family throughout their admission with regards to health, prognosis, abilities and plans for discharge

Provide opportunities for using the latest technological developments to support treatment programmes

In order for the patient to gain the most benefit from their treatment we provide the following:

- Initial Team Meeting
- Goal Setting
- Case Conference & Key Workers
- Discharge Planning
- Education Programmes
- Group Programmes

We place the patient, their family and their carers at the centre of all our treatment programmes ensuring everyone is involved in every aspect, from treatment through to discharge planning. We believe that a patient’s cultural and spiritual beliefs, lifestyle and values should form the foundation of their programme and the basis of each patient’s goals and plans.

In order for the patient to gain the most benefit from their treatment we provide the following:
The Acute Neurological Rehabilitation Team

Placing our patients at the centre of our rehabilitation programme means different team members from a range of specialties work together with the patient to achieve their goals for rehabilitation. This is known as Interdisciplinary Team (IDT) working. The Rehabilitation Unit IDT is comprised of doctors, nurses, allied health professionals, interpreters and therapy assistants.

Medical care is coordinated by the admitting consultant and supported by a resident medical officer (RMO).

- Consultants
- Resident Medical Officers (RMO)
- Rehabilitation Nurses
- Neuropsychologists
- Physiotherapists
- Occupational Therapists
- Speech and Language Therapists
- Therapy Assistants
- Dietitians
- Admission and Discharge Coordinators
- Language Interpreters

“A competent, passionate team of consultants, nurses, therapists and other personnel who are dedicated to providing high quality services to all persons.”

CARF Surveyors Report 2011

Treatments

As every patient presents with different needs, challenges and goals, our clinicians draw on a number of resources to ensure our rehabilitation programmes are as challenging and effective as possible.

These treatments can include:
- Hydrotherapy
- Functional Electrical Stimulation
- Saeboflex, splinting equipment and materials
- Computerised Dynamic Posturography
- Fibreoptic Endoscopic Evaluation of Swallowing (FEES)
- Video Fluoroscopy (VFS)
- Surface Electromyography (SEMG)
- Alternative Augmentative Communication (AAC) aids
- Assistive Technology Devices e.g. Lokomat, Erigo and Armeo

If you would like to know more about any of these treatments, you can read more at: www.thewellingtonrehabunit.co.uk

If you have any questions, you can contact our Rehabilitation Administration office on:
Tel: 0207 586 2462
Fax: 0207 483 5588
rehabilitation.wellington@hcahealthcare.co.uk
Patients who undergo acute neurological rehabilitation need expert care and holistic therapy to reach the best outcomes possible. This is achieved through our interdisciplinary team approach as well as investing in the latest technologies and treatments.

Assistive technologies are increasingly becoming an integral part of modern medicine, especially for long term therapy such as acute neurological rehabilitation.

The Wellington Hospital was the first independent rehabilitation centre in the UK to invest in a set of assistive technology devices: the Lokomat, Erigo and Armeo.

This technology allows patients to start therapy sooner than usual, which can greatly improve outcomes and provide an environment in which they feel safe and secure. The training this technology provides helps to build patient motivation and confidence, especially in the early stages of their treatment.

The Balance Service provides specialist assessment, diagnostics and rehabilitation for a range of balance related disorders.

Customised vestibular and balance rehabilitation programmes are tailored to each individual’s needs. A full range of diagnostic vestibular test procedures are available, which include: videonystagmography, air caloric testing and computerised dynamic posturography.

“In 2013, 95% of our patients rated their overall experience at the Acute Neurological Rehabilitation Unit as good, very good or excellent; with 79% of our patients achieving their goals set at admission.”
Why Choose Us?

In the 15 years since the Acute Neurological Rehabilitation Unit opened, treatments for acute neurological rehabilitation have advanced dramatically, and The Wellington has always been an advocate of pioneering and progressive treatment.

Continual investment in the latest assistive technology and equipment ensures our treatment programmes are continuously developing and updated by the latest scientific evidence and best practice guidelines.

Internationally Recognised
The unit was awarded CARF accreditation in 2011, in recognition of achieving every required standard.

This is one of the many reasons we are acknowledged as the independent sector’s premier centre for the care of patients with neurological conditions, including head injuries.

Flexible rehabilitation programmes
Team approach
Internationally respected specialists

Continual investment in the latest equipment
CARF accredited
Immediate access to award-winning intensive care

Early Intervention
Our unit treats patients from the onset of their condition, providing very high standards of medical and nursing care with immediate access to all The Wellington Hospital’s facilities, including our award-winning intensive care units.

Team Work
Our team approach is key to us delivering such high standards of care and why we welcome patients from all over the world for treatment at the Acute Neurological Rehabilitation Unit.

Our internationally respected consultants are leaders in their fields and hold senior positions in London’s top teaching hospitals. They are supported by a team of highly skilled and experienced therapists and nursing staff working at the hospital.

Conditions We Treat
Our service provides flexible rehabilitation programmes that can be regularly adjusted to the patient’s needs as they progress through their treatment and finally to discharge. The conditions we commonly treat are:

- Head Injury
- Stroke
- Spinal Cord Injury
- Encephalitis
- Multiple Sclerosis
- Parkinson’s Disease
- Guillain-Barré and other neuropathies and polyneuropathies
- Traumatic Brain Injury

Speak to us
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The Wellington Hospital's Acute Neurological Rehabilitation Unit is committed to ensuring that the service it delivers is of a consistently high quality.

We regularly monitor and review many aspects of our programme throughout the year and use this information to modify our service and direct our quality improvement plans. In addition to this we are also reviewed by external auditors and carry accreditation by CARF and CHKS, as well as CQC registration.

CARF
CARF (the Commission on Accreditation of Rehabilitation Facilities) is an internationally recognised, independent body that evaluates standards in rehabilitation care around the world. We have achieved a three-year accreditation, the highest level of accreditation that can be awarded to an organisation and demonstrates substantial conformance to the CARF standards. An organisation receiving a three-year accreditation puts itself through a rigorous peer review process and has demonstrated to a team of surveyors, during an on-site visit, that its programmes and services are measurable, accountable and of the highest quality. More information regarding CARF is available at www.carf.org.

CHKS
We are accredited by CHKS, which is an external accreditation body. CHKS enables healthcare organisations to critically examine themselves against a nationally recognised framework of organisational standards. www.chks.co.uk

CQC
The Wellington Hospital is regulated by the Care Quality Commission in accordance with the Health and Social Care Act 2008. The Care Quality Commission is the independent regulator of health and social care, whether provided by NHS, local authorities, private companies or voluntary organisations. A copy of their most recent inspection report for The Wellington Hospital is available at www.cqc.org.uk.

The Wellington Hospital, St John's Wood, is one of the world’s leading private hospitals with an international reputation for the excellence of its acute medical care. Our patients travel from all over the world to undergo treatment here.

The Wellington has two outpatient centres: the Platinum Medical Centre, St John's Wood and The Wellington Diagnostics and Outpatients Centre, Golders Green. Both offer fast access to all of The Wellington Hospital's services, which include award-winning critical care units, acute neurological rehabilitation, inpatient oncology, and one of the most up-to-date imaging services in the UK.

Our talented nursing and surgical teams work around the clock ensuring patients receive the very best in healthcare at all times. Supported by the very latest diagnostic, imaging and treatment technology, specialists at the hospital are able to diagnose complex medical conditions faster and more accurately than ever before.

For more information about The Wellington Hospital, please visit www.thewellingtonhospital.com.
HCA International

The Acute Neurological Rehabilitation Unit is part of HCA International – London’s number one private hospital group and the world’s largest private hospital group: HCA Inc.

One in three of our patients travel to HCA hospitals in London from outside of the capital, because they know it is worth travelling to receive the very best treatment possible.

We aim to provide the fastest access to the highest standards of care, and promise every patient privacy, respect, comfort and the highest standards of cleanliness and top-quality treatment.

Some 300,000 patients are treated every year at our world-class hospitals and outpatient medical centres in London. More importantly, we also achieve some of the highest patient outcome and survival rates anywhere in the UK.

Paediatric Rehabilitation
The Portland Hospital opened the Acute Neurological Rehabilitation Unit for Children and Young People in 2009, in conjunction with the Acute Neurological Rehabilitation Unit at The Wellington Hospital. Working closely together, the two hospitals enabled HCA to extend its world renowned rehabilitation services to those under 18.

The unit benefits from the support of the already established acute services within the hospital such as an Intensive Treatment Unit (ITU), diagnostic services and comprehensive surgical services.

For more information, please visit The Portland Hospital website www.theportlandhospital.com

The Wellington Hospital

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